

How Beliefs Affect our Resulting Emotion and Behavior

| Situation & Person(s) | False Belief | Emotion | Behavior | Truth | Emotion | Behavior |
|-----------------------|--|---------------------|---|---|---|---|
| The ten spies | thought they were grasshoppers in their own eyes | fear and inadequacy | spread a bad report among the people; were not willing to persue God's promise; angry at those who oppossed their opinion; wanted to stone Joshua and Caleb | | | |
| Joshua and Caleb | | | | believed God had given them the land and the ability to take possession | faith and compentancy; had great vision that latest 40 years amid those who murmured and complained | prepared for the promise and the battle to conquer the land |
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