



- **Do romantic relationships leave you miserable and confused?**
- **Are you tired of getting into a relationship and as soon as the initial buzz is gone you get that sinking feeling, *What am I doing?***
- **Did the new wear off as soon as the wedding bells rang?**

Experts say that we gravitate towards relationships within a ten-point spread of our own IQ. Likewise, in the realm of soul-health, we also attract those with whom we are most emotionally compatible. That can be a good thing...or a bad thing—it depends on how much baggage we carry around!

What if there was a way to diagnose your soul-health and create a plan for improvement so you could enjoy more satisfying romantic relationships? Complete with an online Soul-Health Profile that will help you assess your own soul-health and identify areas of weaknesses, *Love Junkies, Seven Steps to Breaking the Toxic Love Cycle* is just that—an action plan and detailed guide to help you eliminate toxic behaviors that jeopardize your soul health and keep you stuck in unhealthy relationships. You'll learn how to change your habits and heal your soul and most importantly, break the toxic love cycle!



**Coming in March 2014
from Authentic Publishers**

Christy is a popular conference speaker and has appeared on numerous radio and TV programs including Trinity Broadcasting Network. Her message of hope inspires women that whether they are in or out of a relationship, they can live confident content lives.

What audiences are saying about Christy:

- You were screaming my story. Thank you for the inspiration of hope.
- Christy's message hit home.
- Wiping the tears away!!! What an incredible testimony!
- Fabulous speaker who encouraged me so much.
- Christy is definitely empowered.
- This diva is a darling! A dynamic witness.
- Wonderful—I laughed and cried. God is glorified in you!

With clarity and confidence, with boldness and brilliance, with sensitivity and sincerity, Christy offers a tidal wave of hope and healing.

**Shannon Ethridge,
Best-selling Author of 20 books
including the Every Woman's
Battle series**

Love Junkies is like getting an emotional makeover. It's not just truths and theories, but practical applications that help women destroy false beliefs about relationships and find personal restoration.

**Georgia Shaffer, PA Licensed
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Avoiding the 12 Relationship
Mistake Women Make**



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