

Christian Women More Prone to Toxic Relationships than Ever Before

Experts say that we gravitate towards relationships within a ten-point spread of our own IQ. Likewise, if we could measure our soul quotient, we also attract those with whom we are most emotionally compatible. That can be a good thing...or a bad thing—it depends on how much baggage we carry around!

What if there was a way for women to eliminate habits that make them vulnerable to unhealthy romantic relationships?

Christy Johnson an award-winning writer and certified life coach has given hope and encouragement to thousands of married and single women who are stuck in a toxic love rut. She writes and speaks nationally to women about relationships and the importance of improving their soul health. As the author of *Love Junkies*, 7 Steps for Breaking the Toxic Relationship Cycle, Christy can help your listeners:



- Eliminate false beliefs about romance
- Identify weakness that cause them to gravitate toward unhealthy relationships
- Strengthen their own soul health
- Develop an action plan to break the toxic relationship cycle

As Shannon Ethridge, author of the Every Woman's Battle series, says, "If you're one of the millions of women on the planet who've asked, "When will I be loved?... Why can't I find the right guy?... Where's the book for ME?", you'll find the answers to these very questions in Christy's book. By applying the principles in Love Junkies, you'll learn how to change your habits and heal your soul and most importantly, break the toxic love cycle!

Interview topics include:

- Love Lies: False Beliefs that Keep Women Stuck in the Toxic Love Rut
- Relationship Addiction: Are you Addicted to Love?
- Soul Quotient: Is your Soul Health Affecting your Romantic Relationship?

To schedule Christy Johnson for an interview, please contact

Phone: 405-210-8011

Email: <u>Christy@christyjohnson.org</u> Website: <u>www.ChristyJohnson.org</u>